



COMMUNITY RESOURCES FOR THE UNHOUSED



HYGIENE

■ BATHROOMS - CITY PARK LOCATIONS

Open daily from approximately dawn to dusk

- **El Camino Park** (155 El Camino Real)
- **Greer Park** (1098 Amarillo Ave)
- **Hoover Park** (2901 Cowper St)
- **Juana Briones Park** (Clemo Ave & Maybell Avenue)
- **Mitchell Park** (600 E Meadow Dr)
- **Peers Park** (1899 Park Blvd)
- **Rinconada Park** (777 Embarcadero Rd)
- **Stanford Palo Alto Playing Fields** (2353 El Camino Real)
- **Seale Park** (3100 Stockton Pl)

■ BATHROOMS- CITY PARKING GARAGE LOCATIONS

Open 24 hours a day

- **Bryant/Lytton Garage** (445 Bryant St)
- **High/Alma South Garage** (525 High St)



SHOWERS/LAUNDRY

■ LifeMoves Opportunity Services Center

33 Encina Ave, Palo Alto

Showers and Laundry open. Monday - Friday, 8 a.m. - 4 p.m.

■ We Hope

33 Encina Ave, Palo Alto

Showers and Laundry open. Saturday, 10 a.m. - 2:30 p.m.



SHELTER HOTLINE

■ **Here4You:** Need Shelter? Call **408-385-2400** 7 Days a week, 9 a.m. - 7 p.m. to request temporary housing services. Please leave a message if all lines are busy and someone will call you back.



OTHER RESOURCES & INFORMATION

■ LifeMoves Opportunity Services Center

33 Encina Ave, Palo Alto

Monday - Friday, 8 a.m. - 4 p.m.

Breakfast & lunch, bus passes, case management, classes, coffee & snacks, free showers & laundry, computers & Wi-Fi, emergency utilities & rental assistance, lockers, mailbox services, permanent housing assistance, shelter referrals, toiletries. Call **650- 853-8672** or visit

www.lifemoves.org

■ Peninsula HealthCare Connection

33 Encina Ave, Palo Alto

Monday - Friday, 8 a.m. - 5 p.m. Free primary, preventative and mental healthcare. Please call **650-853-0321** to schedule an appointment.

■ MayView Community Health Center

270 Grant Ave., #102, Palo Alto

Monday, Wednesday, Thursday, Friday - 8 a.m. - 5 p.m.,
Tuesday 10 a.m.- 5 p.m. (4th Tues 1 - 5 p.m.)

If you have a medical question/concern, please call their main appointment line at **650-330-7400**.

DO NOT go to a MayView clinic without an appointment.

<https://ravenswoodfhn.org/contact-us>

■ Ravenswood Family Health Center

1885 Bay Rd, East Palo Alto

Monday, Wednesday, Thursday - 8 a.m. - 7 p.m.

Tuesday - 9:30 a.m. - 7 p.m. (4th Tues 12:30 p.m. - 7 p.m.)

Friday - 8 a.m. - 5 p.m., Sat - 8 a.m. - 1 p.m.

Call **650-330-7400**. No appointment necessary for TB tests. Screening at entrance: make sure to let people know you are there to get TB screening for a shelter. Dentistry also available.

<https://ravenswoodfhn.org/contact-us>

CONTINUED ON OTHER SIDE

■ **WeHOPE**

1858 Bay Rd, East Palo Alto

Daily, Entry at 4:30 p.m. Dinner at 7 p.m.

Call **650-330-8000** or visit www.wehope.org

for information on shelter & meals.

■ **Heart & Home Collaborative**

Seasonal Shelter for Women (open winter months) -

During times of operation and in need of shelter, you or a case manager working on your behalf can contact

650-600-1555 or by email at info@hhcollab.org

■ **Move Mountain View**

Safe Parking Program.

2672 Baysore Parkway Ste. 910, Mountain View

If you need a safe place to park, contact MOVE Mountain View offices at **650-861-0181**.

www.Movemv.org

■ **Downtown Streets Team**

Helping individuals experiencing homelessness change their lives through a volunteer work-readiness program.

Call **408-899-7350** - or visit www.streetsteam.org

■ **Downtown Food Closet**

All Saints Church, 425 Hamilton Avenue, Palo Alto

Food closet: Monday, Tuesday, Wednesday, Friday -

10 a.m. - 2:30 p.m., and Thursday - 10a.m. - 12 p.m. and

1 - 2:30 p.m. Operated by Downtown Streets Team -

650-325-3663.

■ **Karat School Project**

Assists families living in RV's including providing educational resources and other essential item

assistance. For information, go to <https://theksp.org/>

■ **La Comida:** Senior's Only Meal Program (ages 60 plus)

650-322-3742

www.lacomida.org

• **Stevenson House**

455 East Charleston Road, Palo Alto

11:15 a.m. - 12:15 p.m. Monday - Friday

• **First United Methodist Church**

625 Hamilton- Palo Alto

11:45am to 12:15pm. Monday - Friday

■ **Second Harvest Foodbank**

Contact **1-800-984-3663** for a list of local free hot meal and grovery providers. Text "GETFOOD" to **408-455-5181**.

Email getfood@shfb.org or visit www.shfb.org

 **CRISIS HOTLINE/RESOURCES**

- If you or someone you know is in immediate danger please call 911.
- **Suicide & Crisis Lifeline:** Dial 9-8-8
- **24/7 Domestic Violence Hotline:** 408-279-2962

SERVICES BROUGHT TO YOU BY THESE LOCAL PARTNERS



www.cityofpaloalto.org/unhoused