# ZERO WASTE CHAMPION: HOW TO ...

## Host a Zero Waste Lunch

#### **SUPPLIES:**

Flyers • Prizes/Awards • School Waste Stations • Buckets for uneaten food

#### **OVERVIEW:**

- 1) Distribute emails and post flyers to publicize Zero Waste Lunch. Zero Waste Lunch is a school wide effort to replace single use, disposable items with their reusable counterparts. A Zero Waste Lunch also promotes reducing (or eliminating) food waste.
- 2) Gather parent and staff volunteers to walk around during lunch to congratulate students on their waste reduction efforts and offer suggestions on how to improve.
- 3) To really complete the event, follow up the Zero Waste Lunch with a Waste Audit!

#### **ADDITIONAL DETAILS:**

- Make sure hot lunch students don't feel left out. These students participate by only taking what they'll
  eat, returning and donating what they don't eat, and perhaps finding creative reuse options for some
  disposable materials!
- Consider environmentally friendly prizes for participating, such as seed bookmarks, or recycled school supplies.

PLEASE SEE FOLLOWING SAMPLE FLYER



# ZERO WASTE LUNCH

## Please prepare for the upcoming Zero Waste Lunch!

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will be hosting a Zero Waste Lunch.

Please review the following notes to make sure your student is doing his or her part to reduce waste for the school and the world!

#### WASTEFUL LUNCH

- sandwiches and other main dishes, fruit, and treats in plastic bags
- prepackaged chips, cookies, fruit bars, and granola bars
- prepackaged yogurts, apple sauces, and puddings
- disposable juice boxes, juice pouches and water bottles
- plastic forks and spoons
- paper napkins
- paper lunch bags

### **ZERO WASTE LUNCH**

- sandwiches and other main dishes, fruit, and treats in reusable lunch containers
- stainless-steel, bamboo, etc. forks and spoons
- reusable drink containers
- cloth napkins
- reusable lunchboxes

